

Newsletter July 2025

MONTHLY THEME: HEALTH AND HYGIENE

MONTHLY THEME HEALTH AND HYGIENE

This month, our school focused on the theme “Health and Hygiene” to help children understand the importance of staying clean, eating right, and living a healthy lifestyle. Sessions were conducted on topics such as personal hygiene, clean surroundings, healthy food habits, and fitness. Children were encouraged to say no to junk food and follow good hygiene practices in their daily routine.



CLUB ACTIVITY- PRIMARY ASTRONOMY CLUB

HOW DO STARS DIE?

Stars die when they exhaust their nuclear fuel, and the manner of their death depends on their mass. Low-mass stars like our Sun, will become red giants, then eject their outer layers to form a planetary nebula, leaving behind a white dwarf. High-mass stars explode as supernovae, leaving behind either a neutron star or a black hole. To create awareness about the life cycle of a star children of the astronomy club explained the topic and then a small video was shown. This was followed by an activity using Black paper and crayons, which were melted in the paper to create stars and their stages of life.



COMPETITION- PRIMARY

ENGLISH POEM RECITATION

Recitation is one of the most important and effective modes of learning a language and appreciating a piece of literature. The main purpose behind conducting such competitions is to build self-confidence, develop oratory skills and self-expression. We organized an "English Poem Recitation Competition" for our children on Friday, 2nd July, 2025 to bring out their poetic talent.



ARTISTIC DISPLAY

The Artistic Display competition held on 9th July 2025 provides a platform for students to showcase their skills and abilities in various fields. This competition aims to identify and nurture hidden talents, remove stage fright, and boost confidence among the children. This competition offers opportunities for students to explore their potential, learn new skills, and socialize with others.



INTERHOUSE QUIZ COMPETITION

Inter house Quiz competition was designed to assess students' general knowledge, speed, and accuracy in answering questions on various subjects, and to foster a sense of healthy competition and teamwork amongst the houses. A week before the main event, children of all classes were given quiz questions (oral and written) and two children from each house securing the maximum points were selected to represent their house.



*This competition had two categories:
Category A : Children of classes 3- 5
Category B : Children of classes 1 and 2*

*Winners of Category A :
1st prize Subroto House
2nd prize Sekhon House
3rd prize Arjan House
Winners of Category B
1st prize : Sekhon House
2nd prize : Subroto House
3rd prize : Arjan House*



CELEBRATION-PRE PRIMARY AND PRIMARY

INTERNATIONAL PLASTIC FREE DAY CELEBRATION



International Plastic Free Day was celebrated with great enthusiasm in our school on 3rd July 2025 to raise awareness about the harmful effects of plastic on our environment.

Students from the Pre-Primary section actively participated by performing a thoughtful skit that conveyed a strong message about the importance of reducing plastic use. Through their performance, they encouraged everyone to adopt eco-friendly alternatives and say “No to Plastic.”



Additionally, students from both Pre-Primary and Primary classes engaged in a hands-on activity of making bags using old newspapers. This fun and creative activity not only promoted reuse and recycling but also helped children understand the value of sustainable practices.



KARGIL VIJAY DIWAS

Kargil Vijay Diwas is observed every year on 26th July across the country to honour the bravery and sacrifice of Indian soldiers who laid down their lives during the Kargil War of 1999. This year marks the 26th anniversary of India's historic victory over Pakistan and the successful culmination of Operation Vijay.

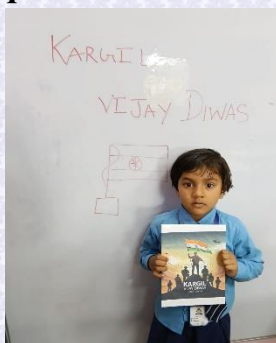
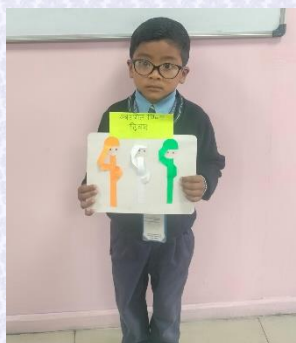
As part of the commemoration:

*A Poster Making Competition was organized for the Primary students on the theme “**Salute to Our***

Heroes.” The children enthusiastically participated and creatively expressed their gratitude and respect for the Indian Armed Forces through their artwork.



The Pre-Primary students actively participated in the celebration with great enthusiasm. They expressed their feelings through short and heartfelt speeches, patriotic rhymes, and spirited slogans like "Jai Hind" and "I love my India." Their innocent voices and confident presence filled the atmosphere with a sense of pride and love for the nation, making the occasion even more special.



These activities were conducted to instil a sense of patriotism, unity, and respect for the nation's defenders in the hearts of young learners.



ACTIVITY- PRE PRIMARY

BLUE COLOUR DAY ACTIVITY

Blue Colour Day was celebrated in our school by the Pre-Primary students on 1st July 2025 with great enthusiasm. Dressed in shades of blue, the children engaged in creative and fun-filled activities to explore and understand the colour.



The purpose of the celebration was to help young children recognize and relate to the colour blue through engaging, hands-on activities. It also focused on enhancing their visual discrimination, fine motor skills, and creativity while making learning joyful and meaningful.

***LKG** students made blue origami fish and decorated aquarium-themed crafts, introducing them to aquatic life and improving fine motor coordination.*

***UKG** students participated in a unique “Bud to Butterfly” activity, where they used bud painting to create beautiful blue butterfly, encouraging creativity and focus.*

***Nursery** children took part in raindrop pasting and bud painting on umbrella, which made their introduction to the colour blue both fun and engaging.*



The celebration helped foster creativity, colour recognition, and self-expression, making it a delightful and enriching experience for all.



NUMBER OF WORKING DAYS
PRIMARY: 23
PRE- PRIMARY: 21

